

Arbors of Del Rey

By Ceci Vasconcellos for the Las Cruces Sun News

Did you know the Arbors of Del Rey is the only freestanding long term care facility in the Mesilla Valley, all of Southern New Mexico, specializing specifically in Alzheimer's disease and other dementias; with a proven track record over the last 15 years? They offer a loving, holistic, approach devoted to this special population and come highly recommended by their most faithful families and doctors. Dementia is their business, their only business! The Arbors was founded on the premise that personal care and services in a loving home setting (not home-like); can provide greater independence, privacy, choices, individuality and high self esteem which eliminate the need for nursing home care.

Arbors is set apart by the specialized care; made possible through their extensive caregiver training. Persons faced with challenges of memory loss, wandering, nutrition and interrupted sleep, are loved and assisted by their trained professionals. The leadership is Certified Dementia Practitioners through the NCCDP (National Council of Certified Dementia Practitioners), and have served on boards, expert panels, coaches for the Alzheimer's Associa-



tion, local churches, hospice agencies, and senior centers to name a few.

These dementia experts are extremely active in the community and offer free Alzheimer's lectures or training to various organizations. They are proud sponsors of NM and TX Chapters of the Alzheimer's Association. They make the fundraising Walk the most exciting in the state by donating a "Dunk Booth"! They Partnered with Home Depot-Las Cruces and Comfort Keepers last year to build a Salsa Garden for their Elders. Their Elders cultivate its tomatoes, onion, cilantro and garlic! The Arbors hosts a family support group and shares their expertise at a local weekly, community family support group too!

The Arbors operates on elder care principles to eliminate boredom, helplessness and loneliness, and involves the Elders

with continuous relationships with living things, be they plants or animals. "Robust Rabbits" (Laverne and Shirley), and; Sonny & Cher the pet turtles, are part of the family. The Elders are involved with the animal care. This gives them purpose. Their belief is that mental, social and spiritual health is as important as physical health.

Their state of the art home design was created solely for persons with memory issues, they are not an afterthought. They are intentional. This special design comfortably accommodates, only



24 elders, at various levels of cognitive impairment. Tended to by staff and Elders, their beautiful courtyard encompasses, a walking path filled with colorful flowers, salsa garden, and indigenous grapevines.

Arbors of Del Rey is set apart by their superior caregiver to resident ratio. Families are assured peace of mind knowing their loved one is well protected. Arbors has an incredibly high staff retention rate; rare for their industry.

Their Nurse's work closely with physicians to carefully monitor each resident's care; ensuring physician's peace of mind that their patients are well cared

for. Visit them in person at 3731 Del Rey Blvd, or call Tony Trevizo, MBA, CALA, CDP, Michael Manzanares CDP, or Pamela Monson RN, CDON,

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